

# **Quiet Contemplation Room**

## **G2, Ground Floor**

### **GUIDANCE AND EXPECTATIONS OF USE**

#### **Purpose**

Dedicated space designated for quiet contemplation, reflection, meditation, or prayer. It is of the utmost importance that all users of the facility behave reasonably and considerately towards each other.

#### **Using the space**

The room is not bookable, as it is intended as a space where anyone can drop in when they need. Please therefore be sensitive to one another as you use the room.

It is not permitted to use this space to: • nap/sleep • work • study • chat.

It is not permitted to use the room to eat lunch and to have a snack.

Mobile phones and personal laptops are not permitted to be used in the quiet room at any time.

Leave in a clean and tidy condition after use.

#### **Feedback**

Please speak to Library staff at the Enquiry desk or email: [ials@sas.ac.uk](mailto:ials@sas.ac.uk)